

Breastfeeding Class: The Why To's and the How To's

When:

**Tuesday, November 25
6:30 - 8:30 p.m.**



Where:

**Memorial Health Center classroom
135 South Gibson St., Medford**

Course topics include:

- benefits of breastfeeding
- management of breastfeeding for stay-at-home and working moms

Free

Features:

- opportunity for practice with clinical models as the moms learn good breastfeeding techniques



Pre-registration is required.

To pre-register,
call the Family Center at 748-8156.